

# South Lammermuir Riding Club 2016

## Winter Programme 2016 / 2017



General Information	
<b>Flatwork or Jumping with John Hill at Etal</b>	<p>Individual or shared (45 minute individual / 1 hour shared) session of flatwork or jumping instruction in the indoor school at Etal.</p> <p>John will tailor these lessons to suit any level of horse and rider and is happy to work on areas for improvement you identify yourself, ones that he picks up from watching you and your horse work together or perhaps specific instruction aimed at a forthcoming competition.</p>

Programme	
<b>November 2016</b>	
<b>Sat 5th Nov</b>	<p><b>Flatwork or Jumping with John Hill at Etal</b>            Cost: £35 (45 mins) individual lesson or £20 each (1 hour) shared between two            Contact Alison - 01578 740202 / 07816 214627</p>
<b>Sun 20<sup>th</sup> November</b>	<p><b>Training with Jill Grant at Etal</b>            For those who don't know Jill she is a popular and respected dressage rider and trainer specialising in training and producing young horses and has competed up to Grand Prix level.</p> <p>Jill is happy to teach all levels of horse and rider but lessons will be individual only and are £45 for 1 hour</p> <p>Lessons will be starting at 9am and are available to anyone but with priority given to SLRC members</p> <p>To book please contact Alison 01578 740202 / 07816 214627</p>
<b>December 2016</b>	
<b>Sat 3<sup>rd</sup> Dec</b>	<p><b>Flatwork or Jumping with John Hill at Etal</b>            Cost: £35 (45 mins) individual lesson or £20 each (1 hour) shared between two            Contact Alison - 01578 740202 / 07816 214627</p>
<b>Friday 9<sup>th</sup> Dec</b>	<p><b>Christmas Supper at Collingwood Arms, Cornhill</b>            Contact Liz Ward <a href="mailto:liz.ward1603@gmail.com">liz.ward1603@gmail.com</a> or give her a call on 01890 870242 to book a place or for more information.</p>
<b>January 2017</b>	
<b>Saturday 7th Jan</b>	<p><b>Flatwork or Jumping with John Hill at Etal</b>            Cost: £35 (45 mins) individual lesson or £20 each (1 hour) shared between two            Contact Alison - 01578 740202 / 07816 214627</p>
<b>February 2017</b>	
<b>Saturday 4th Feb</b>	<p><b>Flatwork or Jumping with John Hill at Etal</b>            Cost: £35 (45 mins) individual lesson or £20 each (1 hour) shared between two            Contact Alison - 01578 740202 / 07816 214627</p>

<b>March 2017</b>	
<b>Thursday 2<sup>nd</sup> March</b>	<b>Rider Assessment Fitness evening at Putton Mill with Bruce or Jenny Miller</b> One hour circuit-style session to include fairly gentle fitness tests and then a Q & A. The sessions will be fun and specifically aimed at horse-riders. They'll look to identify areas where your riding fitness could be improved and suggest exercises to take away that will help you target those areas. Cost £8.00 Time 19:00 (TBC) Contact Jenny - 07786 695669 to book a place or for more information
<b>Saturday 4th Mar</b>	<b>Flatwork or Jumping with John Hill at Etal</b> Cost: £35 (45 mins) individual lesson or £20 each (1 hour) shared between two Contact Alison - 01578 740202 / 07816 214627
<b>April 2017</b>	
<b>Saturday 1<sup>st</sup> April</b>	<b>Flatwork or Jumping with John Hill at Etal</b> Cost: £35 (45 mins) individual lesson or £20 each (1 hour) shared between two Contact Alison - 01578 740202 / 07816 214627
<b>DATES TO BE ARRANGED</b>	
<b>October and November</b>	<b>Jill Grant at Etal</b>
<b>March 2017</b>	<b>Art evening with Christine Haliburton</b>
<b>April 2017</b>	<b>Manderston Pleasure Ride</b>
<b>Spring 2017</b>	<b>Saddle/tack fitting demonstration at Aitken Walker Stables, Duns</b>
<b>Spring / Summer 2017</b>	<b>Showing Preparation with Richard Telford / Stuart Aston at Ayton Castle Stables, Ayton</b>
<b>Spring / Summer 2017</b>	<b>Cross Country Schooling at Primrosehill, Preston</b>
<b>Spring / Summer 2017</b>	<b>Visit to Hazelrigg Racing Yard, Alnwick</b>
<b>Summer 2017</b>	<b>Equestrian Simulator / Mechanical Horse</b>
<b>Summer 2017</b>	<b>Les Smith at Marigold for one day</b>